

e-KardíaGram

Anatomy & Orthopaedics

“Moses my servant is dead. Now therefore arise, go over this Jordan, you and all this people, into the land that I am giving to them, to the people of Israel. Every place that the sole of your foot will tread upon I have given to you, just as I promised to Moses.” (Joshua 1:2–3 ESV)

“When the soles of the feet of the priests carrying the Chest of GOD, Master of all the earth, touch the Jordan’s water, the flow of water will be stopped—the water coming from upstream will pile up in a heap.” (Joshua 3:13 MSG)

Feet come in all sorts of shapes and sizes. Just the sounds of the nomenclature assigned to some of their anatomical variations probably distress patients in the foot clinic: pes planus, pes cavus, hallux valgus, hindfoot varus, metatarsus adductus, and an array of others. The sole, or plantar surface, is obviously where you stand, walk, and run. In surfing, one of the most impressive maneuvers is a foot placement called “Hang Ten”: a surfer curls the soles of all ten toes over the front of the surfboard while the back of the board is buried in a wave. But, regardless of shape, size, or activity, it’s fundamentally true that where your sole goes, there goes your foot. And where your right foot goes, there goes your left foot. And where your feet go...of course...there go you.

Joshua had a promise from God, and the soles of his feet were the key to it. Jehovah could have said, “Every place that **you** will tread upon I have given to you,” but that wouldn’t have been as profound. Notice how important the soles of feet were once the Israelites started to cross the Jordan into the Promised Land... there was a reward for trusting God because the path across the swollen river was created only **after** the soles of the priests’ feet went into the flowing water.

Where are your soles treading today? Those are places God has given to you, places where He wants you to carry His influence. Don’t forget that He goes where you go. Be adventurous, willing to expand your borders, because the placement of your soles is important to others’ souls. —Jeff Russell