

BIBLE STUDIES

Looking to dig deeper? Each bible study builds off of the corresponding critical issue. These short and engaging studies provide a biblical foundation for addressing the various challenges we experience in sport

You can go through these by yourself, with a small group, or take the challenge to see if a teammate is interested in what the Bible has to say about a critical issue. It's quite likely that they are wrestling with the same issues that you are. The purpose of these studies are to practically equip athletes to discuss the challenges that we all face.

CHARACTER	THE HUMAN BODY	MONEY
SPORTSMANSHIP	CARING FOR MY BODY	MANAGING MONEY
CHARACTER	PERFORMANCE ENHANCING DRUGS	THE ATHLETE & THE AGENT
RELATIONSHIPS	EMOTIONS	TRIALS & TRANSITIONS
CONFLICT RESOLUTION	SELF-TALK	ADVERSITY
LGBT TEAMMATES	ANGER	DECREASED PLAYING TIME
MARRIAGE	GRIEF & LOSS	DEALING WITH CRITICAL INCIDENTS
TEAM UNITY	DEALING WITH PRESSURE	DEALING WITH INJURY
	FEAR OF FAILURE	
PLAY, SPORT, COMPETITION	CALLING & CAREERS	
ROLE OF COACH	TIME MANAGEMENT	
FAIR PLAY	LIFE BEYOND SPORT	
WINNING	LIFE GOALS	