

# CRITICAL ISSUES

How do you respond to a win or loss? You're injured; who are you now?  
Is your character consistently displayed in competition and out?

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Your honest reflections on these issues can help you discover your deepest motivations and needs in competition and life. This material is designed for self-discovery or guided discussion and gives tips that respond to the needs that are expressed. It can be studied individually or in a group setting and includes resources for further study. Those who are interested can explore the same topic from a scriptural perspective in the follow up Bible studies.

| CHARACTER                | THE HUMAN BODY              | MONEY                           |
|--------------------------|-----------------------------|---------------------------------|
| SPORTSMANSHIP            | CARING FOR MY BODY          | MANAGING MONEY                  |
| CHARACTER                | PERFORMANCE ENHANCING DRUGS | THE ATHLETE & THE AGENT         |
| RELATIONSHIPS            | EMOTIONS                    | TRIALS & TRANSITIONS            |
| CONFLICT RESOLUTION      | SELF-TALK                   | ADVERSITY                       |
| LGBT TEAMMATES           | ANGER                       | DECREASED PLAYING TIME          |
| MARRIAGE                 | GRIEF & LOSS                | DEALING WITH CRITICAL INCIDENTS |
| TEAM UNITY               | DEALING WITH PRESSURE       | DEALING WITH INJURY             |
|                          | FEAR OF FAILURE             |                                 |
| PLAY, SPORT, COMPETITION | CALLING & CAREERS           |                                 |
| ROLE OF COACH            | TIME MANAGEMENT             |                                 |
| FAIR PLAY                | LIFE BEYOND SPORT           |                                 |
| WINNING                  | LIFE GOALS                  |                                 |